



For Mental Health Professionals Interested in the Psychoanalytic Perspective

A local chapter of the Division of Psychoanalysis of the American Psychological Association

www.pspp.org

August, 2006

President's Column

Years ago, when I was about college age, I remember first sighting bumper stickers on cars with phrases such as *Keep It Simple* and *Easy Does It*. I had no idea about where these came from or what they referred to, but it seemed like good advice. Much later, as I became trained in the field of addictions counseling, I discovered the origin and intention of these and other such aphorisms in the philosophy of Alcoholics Anonymous. I still find myself uttering these counsels from time to time in my therapeutic work with patients who may be overwhelmed by situations that are neither simple nor easy. It is my belief that these expressions, like the *mantras* of Zen practice, are only effective to the extent that there is a tacit and shared understanding of the complex and paradoxical quality of the human existence we all share.

Simplicity, or, more accurately, *simplification* has its dark side. Regardless of our political orientation, I suspect that most of us feel somewhat overwhelmed by the world situation today. We might be distressed by the sheer magnitude of human suffering occurring in many quarters, as well as what often seems to be a rigid and reduc-

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Gerald Gargiulo to Speak at Fall Dinner Meeting

James Grotstein calls Gerald Gargiulo a “psychoanalytic mystic” – likening him to Winnicott, Bion, and Lacan – “one that deals with emptiness, contemplation, infinity, chaos, unpredictability, spirituality and immanence.” During his twenties, Gargiulo was part of a Roman Catholic monastic order for a decade and considered the priesthood. Gargiulo never became a priest, but instead started his career teaching as a lay professor of religious studies before becoming a psychoanalyst. Gargiulo acknowledges the profound influence of Meister Eckhart, the 13th century mystic, philosopher, and theologian on his conception of spirituality and psychoanalysis. Meister Eckhart is considered part of the negative tradition of spirituality that emphasizes “human unknowingness” and attempts to “speak less about any theistic reality and to experience more of what gives life meaning, in the here and now.”

Gargiulo has spent a great deal of time studying religion and philosophy, and brings a deep knowledge of both to the table when trying to

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President's Message (continued from page 1) _____

tionistic analysis of these problems and their proposed solutions. Just when post-modernism seemed to be gaining ground, we get thrown back into a heaping dose of the pre-modern. Talk about the return of the repressed! Whether discussing the "war" on terror or the fight against "gay" marriage (which some seem to think of as equivalent concerns) there has been an alarming rise of hostile tribalism that seems to have jettisoned the pre-frontal cortex in favor of indulgence of the limbic system. Ritalin, anyone?

I find it helpful to recall that psychoanalysis underwent its most critical early development in a world that was being torn apart. Whatever the limits imposed by Freud's narcissism, there is no doubt he intended his "new science" to be a method of profound understanding as a means of relieving human suffering. Understanding may rarely prove to be sufficient in resolving problems, but it is almost always a necessary component. As clinicians, we face many pressures within the professional guilds and in the marketplace to demonstrate the effectiveness of what we do. I don't see the push for research and the demand for evidence to be necessarily a bad thing. But we do need the space for all of the other elements that make us who we are. At its best, psychoanalytic thinking fosters curiosity, imagination, flexibility, empathy and compassion. It may also invite us into a deeper sense of paradox and mystery, helping us to appreciate the limits of what we know, as well as provoking us to want to know *more*.

The purpose of this article is to welcome you to another year of collaboration in PSPP and to introduce myself – philosophy, politics, and all – as your new President. My broader reflections bear a relationship to my sense of the history of PSPP and hopes for the coming years. It has been a privilege to be a member of PSPP since I was a student at Widener, and my association with members of this organization has been a tremendous force in shaping my identity as a clinician. I have also had the opportunity to serve on the Board of Directors and as a representative of our local chapter to Division 39. My experience has shown me the vitality of our organization and the quality of our membership. We are one of the largest and most

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Letters to the Editor

In the spirit of fostering dialogue within the PSPP community, we continue to invite readers to submit comments or questions for possible publication in either a "Letters to the Editor" section or elsewhere in the newsletter. If you would like to share your reaction to one of the pieces you have read in *Currents*, please feel free to send either an e-mail to Serruyag@aol.com or a letter addressed to:

Gabriella Serruya-Green
210 Locust Street, Apt. 19F
Philadelphia, PA 19106

Thank you!

Committee Reports

Treasurer's Report

As of mid-July 2006, the PSPP treasury has a balance of \$15,839. The balance tends to vary in a regular way throughout the course of each year, and is usually the highest after the collection of membership dues, which began to come in earlier this summer. So far in 2006, we have collected approximately \$8,165 in membership dues—compared with \$9,885 by the end of 2005. With membership renewals still coming in, it is likely that our income collected through dues will be comparable to recent years.

Our annual spring meeting and fall dinner meeting tend to have a significant impact on the balance each year. The expense of our fall meeting tends to exceed our attendance fees, due to the cost of providing a full dinner for our members. This year, our overall cost for the fall dinner program was \$1,985. Our goal is usually to make a profit or at least break even for the annual spring meeting. However, the Board elected not to hold a PSPP spring meeting this year, as our local chapter contributed to Division 39's meeting in Philadelphia, both in terms of time and money (resources well-spent for an exciting and informative event!).

As a point of comparison, profits or costs are listed below for recent PSPP fall dinner and spring meeting events:

Profit/cost amounts for previous years:

2005 Fall Dinner	cost	\$1,985
2005 Spring Meeting	cost	\$1,790
2004 Fall Dinner	cost	\$590
2004 Spring Meeting	profit	\$4,685
2003 Fall Dinner	cost	\$960
2003 Spring Meeting	cost	\$400
2002 Fall Dinner	cost	\$1,600
2002 Spring Meeting	profit/cost	\$0

As my term as treasurer comes to a close, I would like to express my appreciation for the opportunity to work with such a diverse and vibrant group of psychoanalytic practitioners. I have thoroughly enjoyed serving on the PSPP Board for five years, first as newsletter editor and then as treasurer. I look forward to the continued enjoyment of personal and professional relationships, cultivated through PSPP!

Allison Smenner Chabot, Ph.D.

Membership Report

Welcome New PSPP Members!

With the aftermath of our hugely successful Division 39 Meeting this spring, nine professionals have joined PSPP:

John Bishop, Ph.D.
Marilyn Della Pia, M.S.
Farrell R. Silverberg, Ph.D.
Dale Panzer, M.D.
Danna Bodenheimer, M.S.W.
Julie Nemeth, Ph.D.
Barbara Inkeles, Psy.D.
Kenneth Maguire, Psy.D.
Sally Reeves, M.Ed.

It is that time of the year when we are busy gathering Membership Renewal Forms, Needs Assessment Forms, and the enclosed dues to prepare for the year ahead. To date, **134** members have returned their dues and Membership Renewal Forms. Of these, only **33** members or **25%** of renewers returned their Needs Assessment Form. Postcard reminders have been sent out to elicit response from members who have not yet

responded. Yearly membership is approximately 200, so we expect to still receive 60-some responses in the next few weeks.

Twenty-three nominations for membership were sent in via the Renewal Form. These individuals will receive invitational packets in the next weeks. We usually do well in converting nominees to members. Thanks to those members who shared this nomination information.

The Membership Directory will be printed in September, after the new Board Members are elected. We will be actively compiling the directory in August. If members would like to edit any information before the Directory goes to print, please contact Jeanne Seitler at (201)670-4044 or at jseitler@optonline.net with the changes.

I hope the Membership is having a wonderful summer. I look forward to seeing you at the Fall Dinner Meeting!

Jeanne Seitler, Psy.D.

President's Message (continued from page 2)

financially secure of all the local chapters in North America, and many see our programming as consistently innovative and engaging. So we begin this year from a position of some strength, thanks to the efforts of many who have been actively committed to PSPP over the years.

My perception is that counter to the apparent drift of world societies towards increased tribalism and competitiveness, the field of psychoanalysis (with some exceptions) has moved toward a stance of greater integration, collaboration, and diversity. This seems certainly true on the local level. PSPP came into being as a professional organization for those who did not have a place in the other local analytic institutions. Today, many of our members have trained or are training at the Psychoanalytic Center of Philadelphia, and we have increased our efforts to engage in collaborative programming. Along these lines, I would like to acknowledge our outgoing (now Past-President) Rachel Kabasakalian-McKay for her particular energy and commitment to establishing greater collaboration with PCOP. Rachel has presided over the Board for the past two years with great grace and integrity, and has made a tremendous contribution to our group. I would also like to acknowledge several other members who are completing their service on the Board, including Allison Chabot as Treasurer, Ilene Dyller as Secretary, Sanjay Nath as Member-at-large, and Matthew Whitehead as Graduate Student representative. Each has made a strong and critical contribution to PSPP, and their presence at Board meetings will be missed. As I write this, we are in the process of electing new Board members who will be introduced at our Fall Dinner Meeting in October.

Looking ahead, I would like to highlight some of the opportunities of the coming year. At our Fall Dinner Meeting, we will welcome Dr. Gerald Gargiulo who will share his most recent thinking about the nature of spirituality and psychoanalytic practice. I have observed that as formal religion continues to become more problematic for psychology and culture, the focus on spirituality has moved more toward the center of many trends in psychological thinking. But the concept of spirituality remains as vague and relative as many of the other constructs we rely upon, such as love, truth and justice. Dr. Gargiulo will offer some incisive exploration of the relevance of this topic for our thinking and practice, and I invite you to come and chew on his ideas as we share a meal together.

Our Spring Conference is currently taking shape, and will focus on the challenge of understanding and working with adolescents. This seems to me to be a very important and underdeveloped topic in our field, and we can look forward to a conversation involving both a nationally known speaker as well as local presenters. In addition to these main programs, we also anticipate another fine series of Sunday Brunch gatherings featuring presentations from our own members. Our effort to provide outreach and mentoring to local graduate students will remain a central focus as well, as will our organization's efforts to forge even closer ties with local academic programs.

As PSPP and the field of psychoanalytic psychology continue to seem more ecumenical, it strikes me as important to continue to explore how our identity and role may continue to develop. Even as the place of psychoanalytic thinking continues to shrink among undergraduate and graduate programs, the opportunities for post-graduate training in the Philadelphia area remain very rich. In spite of the health of our organization, I know that a sizable proportion of our members rarely participate in our annual programs. Across the region, there may be no shortage of educational opportunities, but there certainly is a shortage of time and financial resources. Candidly, I don't think I'm alone in feeling occasionally overwhelmed (and often irritated!) by the barrage of paper and email announcements I receive each week from various clinical organizations, not to mention the endless solicitation of dues and contributions. So it is important that we continue to enhance the value of what we offer to our membership, and to discern how we might even more effectively support our common work.

Finally, I ask for your reflections and suggestions on how PSPP may continue to embrace and support the complexity and diversity of our work. Please communicate your ideas to me. Send an email message to (DrSchaller@JosephSchaller.com)! We won't necessarily keep it simple, but I hope to avoid over-simplification and to make it easier for us to remain creative, flexible, competent, and more relaxed as we face the challenges within our profession and in the world around us. My hope is that our Society continues to be a place for good conversation, growth, and professional friendship. Thank you all for your support of PSPP.

Joseph G. Schaller, Psy.D.

Division 39 in Philadelphia and Beyond

Noelle Burton, Dennis Debiak and the able steering committee for this year's spring meeting set the bar for success very high when they decided to entitle it "Love, Desire & Passions: Variety, Enigma, and the Disruption of Psychoanalysis." I created my own mini-challenge in risking that if we held a dance, analysts would indeed dance. By any standard, be it intellectual, aesthetic, financial, musical, hedonic, libidinal, or gustatory, the meeting lived up to its name and cleared the bar with room to spare.

The enigma of love, the variety of passions, and the disruption of desire were represented throughout the meeting's programs, panels, symposia, receptions, soiree, and dancers. The meeting attracted a record number of graduate students and for the first time offered early career members a discounted registration fee. More than any spring meeting I have attended in the past 15 years, this meeting generated a buzz that something truly different had happened within Division 39, that some kind of tipping point had been reached that would mark the time when the organization's transition to the 21st century was consolidated.

This success was no accident. The co-chairs began their work four years ago, and the steering committee worked for at least two years to pull off a distinctive meeting in the year following a New York meeting and within months of the Boston IARPP meeting. The lasting satisfaction of their success includes the inestimable pleasure of recognizing the depth and breadth of clinical, intellectual, and artistic talent we possess in our region. Having been associated with PSPP since 1991, I was not surprised by the success of my colleagues; I was moved, proud, and grateful for the fact that my professional fate has become entwined with these good people. So, thanks to all for this gift to the psychoanalytic community and for gilding the final year of my Division 39 presidency with this "dream come true."

Six weeks after the meeting, our professional community was shocked by a New York Times article, "Military Alters Make-up of Interrogation Advisors," reporting that the Department of Defense had announced it would use only psychologists in the interrogation process of enemy combatants because the

American Psychiatric Association had issued a ban on its members participating in the interrogation of detainees. Prior to this, in recognition of our APA's lapse in revising the language of the Code of Ethics as agreed upon by a unanimous vote of the Council of Representatives (in which we have 5 seats), I had named a Task Force on Basic Human Rights, chaired by Council Rep Neil Altman, who also serves as chair of a coalition, the Divisions for Social Justice. We immediately swung into action and garnered the support of several divisions in pressing the issue of generating an unequivocal statement against psychologists' participation in interrogations that include torture and cruelty. You can stay updated about the activities of the task force on the web at www.division39.org.

Finally, returning to the theme of local expertise, I'm pleased to announce the formation of the Division 39 Task Force on Academic Careers. Chaired by Dr. Sanjay Nath, its focus will include developing viable supports for early career members who wish to pursue an academic career. Conceptually, this task force will interlace with the Task Force on Early Career Professionals, co-chaired by Marilyn Charles and Temple University graduate Winnie Eng, and with the Graduate Student Committee, co-chaired by Jonathan Slavin and fifth-year Widener University student Matthew Whitehead. The work of the latter two groups was clearly evident at the spring meeting; the work of Sanjay's task force will fill a gap vital to the viability of Division 39 as an effective professional organization for all of its members.

*David Ramirez, Ph.D., ABPP
Swarthmore College*

Transportation to PSPP Events

Have you had difficulty finding transportation to PSPP events in the suburbs? We can help! When signing up for PSPP events, please let the contact person know if you are either able to provide a ride or need a ride to that event. With this information, the contact person can help to make the necessary arrangements.

understand the similarities between psychoanalysis and spirituality. In his book "Psyche, Self, and Soul," a collection of essays and writings that cover topics such as spirituality, aloneness, and genuineness in therapy, Gargiulo conceptualizes psychoanalysis and spirituality as related, parallel disciplines. Gargiulo argues that each addresses hidden aspects of being and promotes a unique "dialogue with the unknown." Gargiulo speaks of how each discipline has a "particular history of questioning" and its own metaphors for the unknown, but in the end seeks to illuminate aspects of our interior workings and lives. Both psychoanalysis and spirituality are essential to an "individual's experience of being alive, of living creatively in the world with others, and of finding some modicum of personal meaning beyond the mere facts of one's life."

By drawing a parallel between spirituality and psychoanalysis, Gargiulo is also able to challenge and reconfigure each. In terms of spirituality, Gargiulo deemphasizes traditional theology and instead turns to our inner experiences as a reservoir that contains mystery. He uses the term "everyday transcendence" to refer to an inner vitality and open-endedness that create infinite possibilities that are larger than us. In terms of psychoanalysis, Gargiulo challenges the traditional emphasis on an essentialist, autonomous "I," instead conceptualizing the mind as being more fluid and connected to the external: "to know oneself is to know the world, and to know the world is to know oneself." Gargiulo links internality to externality, conceiving of an "interdependent and totally relational I." One of Gargiulo's central metaphors is the bridge, which aptly connects our interior lives to something greater and what is greater to our inner selves.

Gargiulo has also been greatly influenced by Winnicott's work on aloneness and metaphor, and draws heavily from the British object-relations theorists in conceptualizing his own version of psychoanalysis. We are indeed fortunate to have Dr. Gargiulo as the speaker for our Fall Dinner Meeting on Friday, October 6, 2006. Below is a brief biography from Dr. Gargiulo's website and a selection of recent publications if you want to delve a bit further before hearing him speak.

Brief biography

(from www.geraldjgargiulo.com):

Gerald J. Gargiulo, Ph.D., maintains a practice (Psychotherapy and Psychoanalysis) in East Hampton,

New York, and Westchester County, New York. He lectures extensively at academic institutions and professional organizations in the U.S., England and Canada and is on the faculty of the National Psychological Association for Psychoanalysis (NPAP) Training Institute. His areas of specialization encompass the contributions of the English pediatrician and psychoanalyst Donald Winnicott, the interface between psychoanalysis and spirituality as well as new ways of understanding the concept of the unconscious; his studies and interests also include the history of religious thought, philosophy and quantum physics. Dr. Gargiulo is the author of *Psyche, Self and Soul* (Whurr/Wiley Press, 2004); and he co-edited and contributed to *Soul on the Couch* (Analytic Press, 1997). These works explore the role of metaphor in psychoanalytic theory and clinical practice. He has published over eighty-five articles, both academic and popular. From 1988 to 2004 he was associate editor of *The Psychoanalytic Review*. He is currently on the editorial boards of *Psychoanalytic Psychology* and *The International Journal for Applied Psychoanalytic Studies*; he is also an associate editor of *Contemporary Psychoanalytic Studies* (Book Series/Rodopi Press). Dr. Gargiulo is past president of the Training Institute of NPAP, the Council of Psychoanalytic Psychotherapists (CPP), and the International Federation for Psychoanalytic Education (IFPE).

Some recent publications

- Gargiulo, G.J. (2006). Ontology and Metaphor: Reflection on the Unconscious and the 'I' in the Therapeutic Setting. *Psychoanalytic Psychology*, 23, 1-14.
- Gargiulo, G.J. (2004). *Psyche, Self, and Soul*. London: Whurr Publishers.
- Gargiulo, G.J. (2004). Aloneness in psychoanalysis and spirituality. *International Journal of Applied Psychoanalytic Studies*, 1, 36-47.
- Gargiulo, G.J. (2003). Hidden boundaries/hidden spaces. *The Psychoanalytic Review*, 90, 381-392.
- Gargiulo, G.J. (1998). Meaning and metaphor in psychoanalytic education. *The Psychoanalytic Review*, 85, 413-422.
- Gargiulo, G.J. (1997). Inner mind/outer mind and the quest for the 'I'. In *Soul on the Couch*, pp. 1-9, (Eds. C. Spezzano and G. Gargiulo). Hillsdale, NJ: The Analytic Press.

By Sanjay R. Nath, Ph.D.

The Road Less Traveled: Same Sex Adoption

Same sex couples who choose to adopt a child find themselves faced with many unique situations not encountered by heterosexual couples. In addition to the already significant stress inherent in any adoption process, the same sex couple faces society's stereotypes. Choosing to adopt a child forces the same sex couple to confront and possibly argue against these stereotypes under scrutiny and evaluation. While we hope that the persons who facilitate adoption will be "open minded," that is not always the case, and the same sex couple who chooses to adopt may encounter hurtful and saddening stereotypes, either overt or covert.

This article will illuminate some stereotypes and particular challenges that may be encountered by the same sex couple who chooses to adopt children. Rather than an exhaustive review of literature, myth, and fact, this article will examine the possible questions and fears that a same sex couple may have regarding adoption that they may never have discussed with one another. Hopefully, this article will give permission for these topics to be discussed without fear. Finally, I will offer some advice on how the same sex couple can tackle these fears together.

When a gay individual comes out, he or she often develops a fear of speaking to others about the stereotypes he or she still holds regarding gay, lesbian, or bisexual persons. I believe this fear is driven by the individual's desire to embrace his identity and put the incorrect stereotypes learned behind. However, when these stereotypes remain unspoken, they remain powerful. Silence prevents the exorcism or confirmation of the fears generated by such stereotypes. Rather, they remain tacit influences on behavior. While this is difficult enough for the single person who is gay, lesbian, or bisexual, the members of a same sex couple must encounter both their own and each other's unspoken stereotypes.

One part of the couple's internal life that they may rarely discuss with each other is each partner's internalized homophobia. Internalized homophobia is a product of being raised in a predominantly heterosexual-centered society. It can take the form of the automatic thought that heterosexuals are "normal," but gays, lesbians, or bisexuals are not. While that thought may be quickly followed by another more positive and reassuring thought, such as, "Gays, lesbians, and bisexuals are normal," the underlying thought "I'm abnormal" remains an influence. Though many gay, lesbian,

or bisexual persons are able to move beyond these cultural stereotypes, the stereotypes live on within them. Of course, the strength and impact of these stereotypes vary from person to person.

While one partner has his or her own internalized homophobia, the couple together also possesses a shared internalized homophobia. For example, I often hear "Children need to have parents of both sexes to be raised properly," as an argument against same sex adoption. The same sex couple faced with this stereotype may themselves worry about whether or not this is a reality. After all, where in our culture do we see models of same sex parenting in the popular media? This argument, however, does not consider the many single parents who successfully raise children. Single mothers can raise healthy male children, despite the absence of a male parent, and single fathers can raise healthy female children. Therefore, we see that a child does not need parents of both sexes to develop in a healthy manner. The belief in the necessity of opposite sex parents is but one of the stereotypes that may arise as concerns for the same sex couple.

Given the current media attention on pedophilia, many commentators and non-professionals are offering their views on this subject. Sadly, we most often hear the assertion that men who have sex with boys are gay. This stereotype seems to have gained significant strength as exemplified in the Vatican's recent commitment to removing priests who identify as gay. Just as with the incorrect assumption that children "need" parents of both sexes, it is also not correct to conclude that because a man has sex with a boy he is gay. These men often report that they have happy and fulfilling relationships with adult women. Nonetheless, the stereotype prevails.

In a seeming offshoot of the nature versus nurture debate, there is also a stereotype that same sex couples will "make" their adopted children gay or lesbian. This stereotype persists despite the fact that almost all gay, lesbian, and bisexual persons were raised by *heterosexual* couples. Current research also demonstrates that the children of same sex couples are most often heterosexual.

A final area I want to address is not so much a stereotype as a particular challenge for the same sex couple choosing to adopt. While there are adoption agencies that will assist a same sex couple, many agencies, countries, and states do not allow same sex cou-

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On Training & Relating in the Delaware Valley

One hundred years ago, in the late fall of 1907, Adler suggested to Freud and those gathered that evening at the Wednesday Meeting that he doubted whether psychoanalysis could be taught. Freud shot back: "There should not be any doubt that the psychoanalytic method can be learned. It will be possible to learn once the arbitrariness of individual psychoanalysts is curbed by tested rules." This sharpness of language was likely not the first such charged volley, but that statement piqued my interest in the manner in which analysts train new generations of analysts and thereafter interact with one another.

While much focus has been given to New York's Civil Psychoanalytic Wars (Frosch 1991), Vienna's Vanities, and the Split that accompanied London's Blitz, Philadelphia—perchance, better scaled for such an investigation—seems to have been largely ignored. Still, Philadelphia is correctly sized ("just so," so to speak) for collecting and maybe examining information about the impact that large group disturbances may have had on individuals throughout the hierarchy of the analytic community.

With this in mind, I envision an archive of records representing the experiences of "the common analysts" (if such beasts exist). I am interested in the results; I'd like to read them more than I'd like to collect them, but "time is a wastin'" and no one seems to be collecting information at the current time. (Before he died, Alex Burland compiled a video interview with Spurgeon and Ellen English, Leo Madow, and a few others for the old Society, and there is a chapter in a book on Division 39 that recounts in a few pages the formation of PSPP and PCPE.) I sent out a first batch of several hundred e-mails last fall, asking people within different segments of the community whether they would like to cooperate in such a project. I suggested that we meet to discuss and maybe attempt to collect material for an unedited archive of notes about named or anonymous individual analysts' experiences living and training in the Delaware Valley. I also invited some individuals to cooperate more actively in this archive project.

Responses were few; they trickled in here and there. I conducted four interviews and offered each volunteer the opportunity to write his or her own record of the interview as the only record of this meeting and to have final editing rights. As an alternative, I agreed to write up my notes and to return them to the interviewee for any and all editing before making these notes, in any way, public. Some transitory personal health issues intervened and I, thus far, have not completed my task, but hope to do so soon. During the

year, I spoke regularly with Elio Frattarolli and Ted Hicks about the project; in their own ways, they each made this very slow-moving endeavor far more palatable.

I've provisionally given up on the idea of interviewing each volunteering contributor and have decided instead to publicly request written contributions from members of the various psychoanalytic communities in the Delaware Valley. These contributions will remain unedited. My function will be to archive them, to digitize them, and to find a home for them in a public psychoanalytic domain where interested parties may come and sort through these reported experiences at some later date. I welcome all interest in this project.

I can imagine—among many other factors—reports that focus on:

- ▶ The choice to train
- ▶ The availability of institutes
- ▶ Training analyses
- ▶ Control analyses
- ▶ Experiences of inclusion and exclusion/(un)awareness of other groups
- ▶ Intergroup relations.

If you are interested in making a submission or wish to obtain more information about the archive project, please email me at: hhcovitz@aol.com.

Howard Covitz, Ph.D.

Howard Covitz is a middle-aged psychoanalytic practitioner who came to psychoanalysis and psychology from university teaching of mathematics, a hobby he still maintains. He trained at the Psychoanalytic Studies Institute (PSI) and the Institute for Psychoanalytic Psychotherapies (IPP: mid 1970's), an institute which he directed from 1988-1998. He taught briefly at the Philadelphia School of Psychoanalysis (PSP: 1980). He is a member of Div 39, Section 1 and the local Div 39 Chapter, PSPP (all part of the American Psychological Association—APA). He sits on the Board of Directors of the National Association for the Advancement of Psychoanalysis (NAAP). In large part as a means to work on this project, he became a Fellow at Philadelphia's Center of Psychoanalysis (PCOP—part of the American Psychoanalytic Association—also, APA). In brief, his middle-aged brain is challenged by the acrimonious acronymic word salad that is/was Philadelphia Psychoanalysis. Nonetheless, he maintains an analytic and therapy practice in Melrose Park, is licensed as a Clinical Psychologist in PA and VA, and teaches art students Mathematics at Temple's Tyler School of Art when the spirit moves him.

Photos from the Division 39 Conference



Some sophisticated attendees
stepping out on the town



Jazzing it up at the reception



Yours truly: the newsletter
editor, drink in hand



Sanjay Nath smiles head-on
while his cohorts conspire



Style parades in pairs: Deborah
Luepnitz and Jeanne Seitler
glow for the camera

**The Alliance
for Psychoanalytic Thought**

presents

**Risk Management
for Mental Health Professionals**

PRESENTERS:

- Lynne N. Nahmani, *Esquire*
- Kathleen Kramer, *Esquire*
Marshall, Dennehey, Warner,
Coleman and Goggin

THE WORKSHOP WILL ADDRESS:

- The Mental Health Procedures Act
- Record Keeping: Your Best Defense
Against Lawsuits
- Responding to a Subpoena
- and much more

Sunday, October 29th, 2006
3:00 pm to 6:00 pm
at

Rockland Mansion
East Fairmount Park
3810 Mt. Pleasant Drive
Philadelphia, PA 19121

Continuing Education credits
will be offered for
Psychiatry, Psychology and Social Work.

For additional information & registration:
call 610-617-4411
or email philapt@philanalysis.org

Sponsored by
The Psychoanalytic Center of Philadelphia
The Alliance for Psychoanalytic Thought

Calling All Graduate Students:

Graduate Student Brunch

The annual graduate student brunch will be held this year on Sunday, September 10 from 11:00 a.m. to 1:00 p.m. at PSPP president Dr. Joseph Schaller's home in Philadelphia. For those of you who have not attended our previous graduate student brunches, these are not to be missed! In addition to the wonderful food prepared by our hosts, Drs. Schaller and Bennett, the brunch is a perfect opportunity to socialize and meet other graduate students, learn about events, and find opportunities to join committees. What a great way to start the semester!

This year's brunch will provide an opportunity for students to learn more about the mentorship program and hear other students' experience of being mentored (Drs. Goldsmith and Ghetie will both be on hand to answer questions and sign up interested students for the mentorship program.) The brunch is also a good forum for students to voice their concerns and interests. Both ideas, for the mentorship program and last year's summer reading group on relational psychoanalysis, grew out of the interest of graduate students who attended the brunch. PSPP past president Dr. Rachel Kabaskalian-Mckay and Dr. Joseph Schaller are interested in feedback from graduate students to bring back to the PSPP board.

At this year's brunch we will offer a special thank you to all the students who volunteered for the Division 39 Spring Meeting last April as well as the PSPP members who mentored during the 2005-2006 academic year.

We would also like to thank Matthew Whitehead for his hard work and dedication not only as the previous PSPP graduate student representative, but also in his position as the committee co-chair of the Div 39 graduate student committee and the graduate student co-chair of the Div 39 Spring Meeting Steering Committee. We would also like to welcome the new PSPP graduate student representatives Elizabeth Bogado and Anna Hiatt.

Directions to get to the brunch will be made available on the PSPP website www.pspp.org. We hope to see you there.

Barbara L. Goldsmith, Psy.D.

Classified Ads

Part-time sublet available

Large, bright corner office in a small professional building (with many mental health professionals) in Bala Cynwyd, just off City Avenue. Two shared waiting areas and a receptionist available during regular business hours. Coffee, water, copy machine, and fax also available. Wheelchair accessible building, with ramp and elevator. Plenty of free parking; close to bus and regional rail lines. Office available: Monday evenings after 5:00, Tuesdays until 4:00, Fridays after 5:00, and Saturdays. Rent: \$50 for each part of a day (morning, afternoon, or evening) for the entire month. To learn more, contact Ellen Balzé at 215-519-4056 or reply by email: ellenbalze@yahoo.com

For sale: waiting room furniture

Office waiting room furniture (purchased new & never used): 4 wooden chairs (medium brown cherry finish) with upholstered seats and 3 matching tables (1 magazine table and 2 end tables). To learn more, contact Ellen Balzé at 215-519-4056 or reply by email: ellenbalze@yahoo.com

Office Space: Villanova/Bryn Mawr

Unique, contemporary offices on quiet Rosemont street. Convenient to Philadelphia, Main Line, and Blue Route. Furnished waiting area, parking on premises. Inquire for price. Contact Arthur Tofani, Office: 610-525-6561, Cell: 610-420-2472, E-mail: info@upmcorp.com.

Office Space: Center City

Recently renovated, comfortably appointed office with waiting room. Very quiet and private. Lobby guard. Wheelchair access. Available Thursdays. Rent by morning, afternoon or evening block of time. Evenings other than Thursday also available. Medical Tower on 17th Street between Locust and Spruce. Contact Joseph Delvey, Jr. via e-mail at: jdelv3@comcast.net or call 215-545-7999.

The City Schools Program

Saturday, September 30th, 2006

9:00 am to 12:00 pm

Educators and mental health clinicians are invited to join this monthly discussion group focusing on the challenges and possibilities of public education. Group members examine how and why the emotional life of a developing child has such a profound impact on learning and academic achievement.

New participants are always welcome.

**Further information will be posted at:
www.philanalysis.org/apcal.html**

**Please email either Mimi Rose at mmimirose@aol.com
or Pat Dougherty at patddougherty@comcast.net**

Sponsored by The Alliance for Psychoanalytic Thought

Seminar Announcements

Foundations of Object Relations Theory, Part 1: Klein and Winnicott

This seminar will explore the fundamental theoretical contributions of Melanie Klein and D.W. Winnicott. It will be one in a series of four introductory seminars on object relations theory and therapy, led by Karen Fraley, LCSW, and Paul Koehler, LCSW, of the International Psychotherapy Institute and co-sponsored by the Pennsylvania Society for Clinical Social Work.

The seminar will meet in Chestnut Hill on Tuesday mornings from 9:30-noon, beginning September 12th. We will meet approximately every other week for a total of 10 sessions and 25 CE hours. Cost: \$450.

This series of seminars will provide a basic introduction to the fundamental concepts of the object relations way of thinking and working. The first two seminars will survey the primary contributions to object relations theory. The second two will be more practice oriented and will address transference and counter-transference, holding and containment, listening, symbolizing, and intervening.

We hope that participants will elect to take all four seminars, but any of the four may be taken individually. For further information contact Karen Fraley at (610) 827-1641, kfraley1@verizon.net or Paul Koehler at (215) 345-8730, pmkmsw@excite.com.

Certificate in Loss and Traumatic Stress

Announcing a new in-depth continuing education opportunity offered through the Post-Graduate Center of the Institute for Graduate Clinical Psychology at Widener University:

The Loss and Traumatic Stress Certificate is a 60-hour continuing education series that will enable participants to:

- ▶ examine loss and trauma from a variety of perspectives, such as biological, developmental, psychodynamic, cognitive, behavioral, and social/cultural.
- ▶ gain knowledge and skills related to screening, assessment, diagnosis, and treatment strategies for working with clients exposed to loss and traumatic stress.
- ▶ apply perspectives and techniques learned to clinical work.
- ▶ examine factors affecting vulnerability and

resiliency.

- ▶ recognize vicarious trauma, and learn to engage in self-care.
- ▶ increase sensitivity to salient legal and ethical issues.
- ▶ understand key factors in community crisis intervention.
- ▶ examine concerns specific to particular circumstances, such as sexual abuse, traumatic deaths, and medical trauma.

We have assembled a talented and experienced faculty of clinicians in the Delaware Valley to offer a compelling and practical series. You may already know Dr. Carswell and Dr. Barbara L. Goldsmith from PSPP. The fall schedule is as follows:

- ▶ **9/29 Relearning the World after Loss and Trauma: Foundations for a Loss-Informed Practice.** **Presenter:** Valarie Molaison, Ph.D. Instructional level: Introductory. *ACT48 Approved.*
- ▶ **10/27 Trauma and the Body: Applying Biological Findings to Clinical Work.** **Presenter:** Susan Carswell, Ph.D., Psy.D. Instructional level: Introductory. *ACT48 Approved.*
- ▶ **11/17 Bearing the Unbearable: A Psychodynamic Perspective on Trauma.** **Presenter:** Barbara L. Goldsmith, Psy.D. Instructional level: Introductory to Intermediate. *ACT48 Approved.*
- ▶ **12/8 Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma and Loss.** **Presenter:** Stephen DiJulio, Ph.D. Instructional level: Introductory to Intermediate.

Although these programs are part of a series, each one can stand alone and participants are not required to pursue the full Certificate Program. For more information, contact Widener University at (610) 499-1083.

Mourning and Psychic Change

This seminar will explore the significance and the functions of mourning in the processes of development and psychic change and its place in the therapeutic encounter. We will consider mourning both as it relates to the grieving and the resolution of external losses as well as to its role in the process of separation from pathological internal objects and organizations and in the repair and the restoration of the good internal object.

We will read and study the seminal works of Freud and Klein and also the more recent writings of Michael Balint, Vamik Volkan, Hans Leowald, and others. We

will especially consider the clinical problems of complicated and unresolved mourning in the management and resolution of malignant regression and therapeutic impasse.

This seminar will meet for 10 sessions (approximately every other week) at two separate times: Friday afternoons from 1-3:30, beginning September 15th, and Saturday mornings from 9-11:30, beginning September 16th, for a total of 25 CE hours.

This seminar will be co-sponsored by the Pennsylvania Society for Clinical Social Work, which will authorize CE credits for social workers. The International Psychotherapy Institute will authorize credits for psychologists and certified counselors. Cost: \$400.

For further information please contact Paul Koehler at pmkmsw@excite.com or (215) 345-8730.

The Child Development Study Group

The Child Development Study Group will begin its tenth year of Sunday afternoon meetings on September 17, 2006 at Karen Berberian's home. Members of the group include analysts, psychotherapists, school psychologists, neuropsychologists, and teachers. All share an interest in working with children, adolescents, and families.

Last year, topics included: attachment theory and its implications for education and for couples therapy, emotional reactions to having a child with a disability, assessment of children's emotional functioning, developmental tasks of late adolescence, Tourette Syndrome, and the contributions of Allan Schore. Each year, the topics are planned at the September meeting,

in response to members' interests.

Members take turns presenting, and the meetings are held at members' homes, usually on Sunday afternoon from 1:00 PM to 4:00 PM. In addition to the presentation, there is always time for a lively discussion, and refreshments are served. The group provides continuing education credits for psychologists and Act 48 credits for people who hold educational certificates.

If you are interested in attending this group, please contact Karen Berberian by telephone (610-896-6220) or via e-mail (karen.berberian@verizon.net). Information about the meetings (date, time, location, directions, topic, and presenter) is sent to members via e-mail.

Same Sex Adoption (continued from page 7)

ples to adopt as a couple. Rather, it is viewed legally as a single parent adoption. Such a situation forces many questions to emerge for the couple. Who should be the legal adopter? Where does the "other" partner fit into the process? Will the child somehow be "closer" to the parent who legally adopted him or her? What would be the legal ramifications in the future should the couple split up?

It is important that the individuals in the same sex couple who begins the adoption process stay open and honest with one another regarding their fears and joys during all phases of the process. The honesty borne of

love for one another forms the foundation for the family that will soon welcome children. As the couple raises their children, this honesty will sustain the parents as they encounter difficulties down the road.

Kenneth M. Maguire, Psy.D., M.Ed.

Kenneth M. Maguire is Coordinator of the Joint Degree Doctor of Psychology and Master of Education in Human Sexuality Program at the Institute for Graduate Clinical Psychology of Widener University in Chester, Pa. He maintains a private practice in Philadelphia and Langhorne, Pa. as well. Contact him at DrKennethMaguire@gmail.com or (215)583-6519.

Some Programs of Interest to the PSPP Community

NOTE: Much of the information for this calendar was obtained from the website of the Alliance for Psychoanalytic Thought at www.philanalysis.org.

SEPTEMBER 2006

Sunday, Sept. 10

PSPP Annual Graduate Student Brunch. Hosts: PSPP President, Joseph Schaller and Phillip Bennett. **Time:** 11:00 AM -1:00 PM **Location:** Drs. Schaller's and Bennett's home, 3467 Midvale Avenue, Philadelphia, PA 19129. Directions to get to the brunch will be made available on the PSPP website www.pspp.org.

Tuesday, Sept. 12

Foundations of Object Relations Theory, Part 1: Klein and Winnicott: Session 1 of 10. Presenters: Karen Fraley, LCSW, and Paul Koehler, LCSW. **Location:** Chestnut Hill. **Time:** 9:30 AM - 12:00 PM, approximately every other Tuesday for 10 sessions and **25 CE Hours**. Sponsored by the International Psychotherapy Institute and co-sponsored by the Pennsylvania Society for Clinical Social Work. **Cost:** \$450. For further information contact Karen Fraley at (610) 827-1641, kfraley1@verizon.net or Paul Koehler at (215) 345-8730, pkmkmsw@excite.com.

Friday, Sept. 15/ Saturday, Sept. 16

Mourning and Psychic Change: Session 1 of 10. Presenter: Paul Koehler, LCSW. **Location:** TBA. **Time:** Friday afternoons from 1:00 PM - 3:30 PM or Saturday mornings from 9:00 AM-11:30 AM, for a total of **25 CE hours**. Co-sponsored by Pennsylvania Society for Clinical Social Work, which will authorize CE credits for social workers. The International Psychotherapy Institute will authorize credits for psychologists and certified counselors. **Cost:** \$400. For further information please contact Paul Koehler at pkmkmsw@excite.com or (215) 345-8730.

Wednesday, Sept. 27

Reading Group for "The Psychodynamic Diagnostic Manual." Details given in brochure in August. Sponsored by The Pennsylvania Society for Clinical Social Work. www.pscsw.org. For further information, call 215-942-0775.

Friday, Sept. 29

Relearning the World after Loss and Trauma: Foundations for a Loss-Informed Practice. Presenter: Valarie Molaison, Ph.D. **For more information,** contact Widener University at (610) 499-1083.

Saturday, Sept. 30

The Psychodynamic Diagnostic Manual. Presenter: Nancy McWilliams, Ph.D. **Location:** TBA. **Time:** 9:00 AM - 1:00 PM. Sponsored by The Pennsylvania Society for Clinical Social Work. www.pscsw.org. For further information, call 215-942-0775.

City Schools Forum. Location: Rockland (main room), 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 9:00 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought. <http://www.philanalysis.org>. For more information, contact Mimi Rose at mmimirose@aol.com or Pat Dougherty at patddougherty@comcast.net.

OCTOBER 2006

Friday, Oct. 6

PSPP Annual Fall Dinner Meeting: Psychoanalysis and Spirituality. Presenter: Gerald Gargiulo. **Honoree:** Jane Widseth, Ph.D. recipient of the Annual PSPP award for the Outstanding Contribution to the Education and Professional development of Psychoanalytic/Psychodynamic Clinicians. **Location:** Evviva Restaurant, 1236 Montgomery Avenue, Narberth, PA 19072. **Time:** 6:00 PM - 10:00 PM. Sponsored by PSPP.

Saturday, Oct. 21

City Schools Forum. Location: Rockland (main room), 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 9:00 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought. <http://www.philanalysis.org>. For more information, contact Mimi Rose at mmimirose@aol.com or Pat Dougherty at patddougherty@comcast.net.

Friday, Oct. 27

Trauma and the Body: Applying Biological Findings to Clinical Work. Presenter: Susan Carswell, Ph.D., Psy.D. **For more information,** contact Widener University at (610) 499-1083.

PSCSW Annual Dinner and Meeting: Use of Self in Social Work Practice. Presenter: Claudia DeWane, Ph.D. **Location:** Yang Ming Restaurant, Bryn Mawr, PA. **Time:** 6:00 PM - 10:00 PM. Sponsored by The Pennsylvania Society for Clinical Social Work. www.pscsw.org. For more information, call 215-942-0775.

NOVEMBER 2006

Saturday, Nov. 4

Child Care Colloquium: Influences of Developmental Issues on Sexual Identity. Presenter: Carlotta Miles, M.D. **Location:** Drexel University College of Medicine, 2900 Queens Lane, Philadelphia, PA. **Time:** 9:30 AM - 3:00 PM. Co-sponsored by the Alliance for Psychoanalytic Thought, The Margaret S. Mahler Foundation, The Pennsylvania Society for Clinical Social Work & The Psychoanalytic Center of Philadelphia. For more information, call 610-617-4411 or visit philapt@philanalysis.org.

Saturday, Nov. 11

Neurobiology for Clinical Social Work. Presenter: Jeffrey Applegate, Ph.D and Janet Shapiro, Ph.D. **Location:** TBA. **Time:** 9:00 AM - 1:00 PM. Sponsored by The Pennsylvania Society for Clinical Social Work. For further information, go to www.pscsw.org or call 215-942-0775.

Friday, Nov. 17

Bearing the Unbearable: A Psychodynamic Perspective on Trauma. Presenter: Barbara L. Goldsmith, Psy.D. **For more information,** contact Widener University at (610) 499-1083.

Saturday, Nov. 18

City Schools Forum. Location: Rockland (main room), 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 9:00 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought. <http://www.philanalysis.org>. For more information, contact Mimi Rose at mmimirose@aol.com or Pat Dougherty at patddougherty@comcast.net.

DECEMBER 2006

Friday, Dec. 8

Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma and Loss. Presenter: Stephen DiJulio, Ph.D. **For more information,** contact Widener University at (610) 499-1083.

Saturday, Dec. 9

Ethics Workshop. Presenter: Ann Smolen, MSS, LCSW. **Discussants:** Mimi Rose, JD and Barbara Shapiro, MD. **Location:** Rockland. East Fairmount Park, 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 8:30 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought and The Psychoanalytic Center of Philadelphia. <http://www.philanalysis.org>. Call 610-617-4411 or go to philapt@philanalysis.org.

JANUARY 2007

Saturday, January 27

City Schools Forum. Location: Rockland (main room), 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 9:00 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought. <http://www.philanalysis.org>. For more information, contact Mimi Rose at mmimirose@aol.com or Pat Dougherty at patddougherty@comcast.net.

FEBRUARY 2007

Saturday, Feb. 24

Beyond the Comfort Zone in Psychotherapy. Presenter: Nancy Bridges, LICSW. **Location:** TBA. **Time:** 9:00 AM - 1:00 PM. Sponsored by The Pennsylvania Society for Clinical Social Work. www.pscsw.org. For more information, call 215-942-0775.

City Schools Forum. Location: Rockland (main room), 3810 Mt. Pleasant Drive, Philadelphia, PA. **Time:** 9:00 AM - 12:00 PM. Sponsored by The Alliance for Psychoanalytic Thought. <http://www.philanalysis.org>. For more information, contact Mimi Rose at mmimirose@aol.com or Pat Dougherty at patddougherty@comcast.net
Subsequent dates for City Schools Forums: Sat, March 24, Sat, April 21, and Sat., May 19. Location, Time, and Contact Information same as above.

**Develop Your Clinical Skills
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We offer the following training programs:

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The Psychoanalytic Fellowship

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Mentorship Program Begins Its Second Year in the Fall

In keeping with the goals of PSPP to provide psychologists and other mental health professionals with a vehicle for discussion of professional concerns and an exchange of scholarly ideas and professional skills, we are offering graduate students the opportunity for a *free mentorship* during the academic year. Mentoring satisfies an important developmental need in preparing graduate students for successful entry into the profession. Mentoring also offers practicing professionals the opportunity to share their knowledge and experience.

Mentors and mentees are matched based on common interests and geographic locations. Mentors and mentees meet for one hour each month during the academic year at the mentor's office (summer meetings are optional depending on mutual interest and availability).

During our first year, we were able to successfully match nine mentors and students. This was a good start and everyone who participated reported a positive experience. However, we hope to increase the number of mentor-student pairs for the 2006-2007 year. We would like to thank those nine PSPP members: Susan Adelman, Ph.D., Nancy Alexander, Psy.D., Maggie Baker, Ph.D., Susan Carswell, Psy.D., Ph.D.,

Ilene Dyller, Ph.D., Shireen Kapadia, Ph.D., Corinne Masur, Psy.D., Jay Moses, Ph.D., and Jed Yalof, Psy.D., who mentored this past year, and we invite them to participate again this year. We would also like to thank all the PSPP members who volunteered to mentor, but were not matched due to location and hope that you will again volunteer.

We will soon send out another mass email invitation on the list-serve.

If you are interested in being a mentor, please email Dr. Barbara Goldsmith at blgoldsmith@comcast.net. Please include your contact information, locations where you would like to meet, areas of interest/expertise (both scholarly and clinical), as well as any other information that might help us ensure there is a good match. Interested graduate students are asked to fill out a questionnaire that can be downloaded from the PSPP website, www.pspp.org. Completed questionnaires should be emailed to Dr. Dora Ghetie at dghetie@wcupa.edu. Questionnaires will also be available at the various graduate school programs in the area and can be faxed to Dr. Ghetie at 610-436-3114.

*Barbara L. Goldsmith, Psy.D.
Dora Ghetie, Psy.D.*



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